



National Service Scheme (NSS) 2024-25

Programme Officer- Mr. Akshay B Tinganwar

Faculty Member

Mr. Kapildeo Indurkar

Dr. Amruta Patil

Student Secretary- Mr. Ayush Hanchate

1) Beach Cleanup

Date :- 31st March 2024

Time :- 8:00 AM to 10:00 AM

Venue :- Dadar Beach

Number of Participants/ Attendance:- Male-6 Female-2 Total- 8

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) took part in a beach cleanup programme at the Dadar beach organised by Jay Foundation and was able to clean up plastic bags and cloth articles from the beach. Teaching the volunteers the importance of leaving the world a better place than we find it.



2) Community Connect Fellowship

Date :- 26th April 2024

Time :- 14:00 to 17:00 (3 months)

Venue :- Onsite Pioneer School and Online hybrid

Number of Participants/ Attendance:- Male-2 Female-0 Total- 2

Event Description :- Community connect fellowship is a fellowship program organised by Blue Ribbon Movement, an organisation dedicated to building leadership and active citizenship

among the youth. Two of our volunteers participated and successfully completed the fellowship program which helped them to not only gain knowledge about civic governance but also to become the active citizens of the city. Our volunteers engaged in group discussion with other fellows to find solutions to different civic issues and worked on it.



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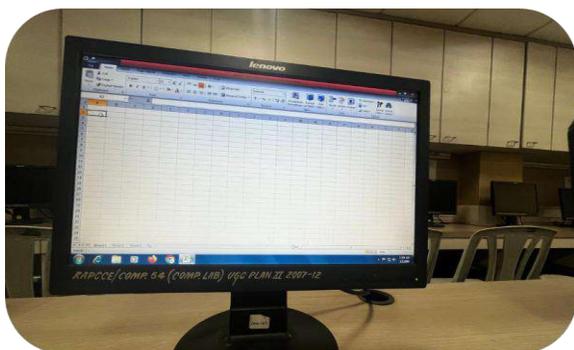
Date :- 30th April - 3rd May 2024

Time :- 11:30 AM -2:30 PM

Venue :- College

Number of Participants/ Attendance:- Male- 6 Female-7 Total- 13

Event Description:- The NSS Unit of R.A.Podar College of Commerce and Economics assisted the management office of R.A.Podar College in the data entry work. The work ranged from collecting and managing large amounts of data, contacting alumni of the college and enquiring about their life after college and what fields they have taken up after passing out, whether they started working or started further studies.



3) Election volunteering

Date :- 20th May 2024

Time :- 7:00 AM to 6:00 PM

Venue :- Matunga

Number of Participants/Attendance:- Male- 5 Female-1 Total- 6

Event Description:- The NSS Unit of R A Podar College of Commerce and Economics (Empowered Autonomous) sent their NSS volunteers for election volunteering duty at Matunga station, R.A. Podar college and certain schools in the area. The event aims to involve NSS volunteers in assisting with various tasks related to the electoral process, promoting a sense of civic responsibility among young citizens.

The volunteers had to aid all those that required it and also assisting those folks with disabilities or the elderly in being able to fulfil their duty as a proud citizen of our country.



4) Best out of Waste - Environment Day

Date :- 5th June 2024 Time :- 9:00 AM - 10:00 AM

Venue :- Online

Number of Participants/Attendance :- Male-5 Female-2 Total- 7

Event Description:- The NSS Unit of R A Podar College of Commerce and Economics (Empowered Autonomous) on the occasion of environment day, volunteers participated in best out of waste activities. Creating plant saplings from plastic bottles and crafting dolls from recycle materials to promote sustainability and eco friendly practices.



5) Mission Admission

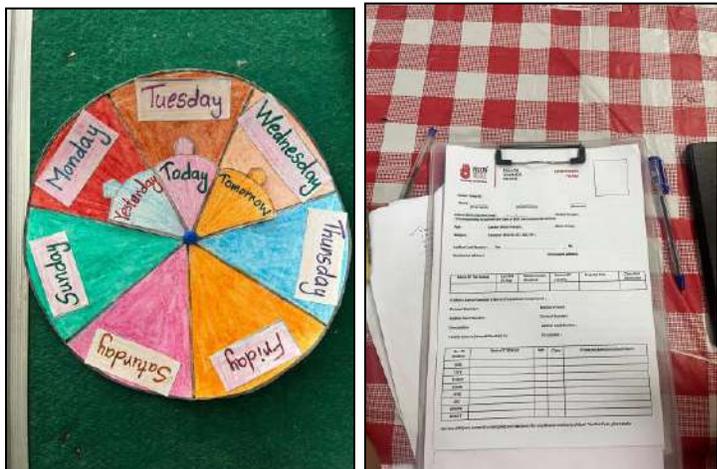
Date :- 11th & 12th June 2024 Time :- 9:00 AM to 4:00 PM

Venue :- Kalwa, Mankhurd-Mandala

Number of Participants/Attendance :- Male-6 Female- 3 Total- 9

Event Description:- The NSS Unit of R A Podar College of Commerce and Economics (Empowered Autonomous) visited the schools managed by the Vision Rescue organisation in Kalwa and Mankhurd where volunteers assisted the management team in enrolling new students to their schools and making sure their vaccines are up to date.

The NSS unit of R.A. Podar and vision rescue have been working for a while together in ensuring that children from challenged backgrounds are able to receive a chance at a good education and a fair opportunity to succeed in life. Volunteers were able to see the many challenges that people face on a day to day basis which helped them gain a deeper appreciation.



6) Yoga Day Workshop

Date :- 14th, 15th, 16th, 17th, 18th, 19th, 20th June 2024 **Time :-** 7:30 to 9:30 AM

Venue :- College, Auditorium

Number of Participants/Attendance :- Male- 51 Female- 35 Total- 86

Event Description:- The NSS Unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised a Yoga Workshop on the occasion of international yoga day for a week in the college for the all students and faculty to spread the awareness and benefits alongside the importance of performing yoga among the youth in their daily life. The workshop taught the youth how helpful yoga is for their body and mind.

The workshop was undertaken by Yoga expert and certified counsellor DR. R Prasannalaxmi in our college's auditorium for 7 Days. Participants were able to learn about different Pranayam, Asanas, Shlokas, Yoga Sutras, and several other yogic practices to help better control their mind and body in stressful situations.

Day 1 :



Day 2 :



Day 3 :



Day 4 :



Day 5 :



Day 6 :



7) International Yoga Day

Date :- 21st June 2024 **Time :-** 7:30 AM to 9:30 AM

Venue :- College, Auditorium

Number of Participants/Attendance:- Male- 7 Female- 5 Total- 12

Event Description - The NSS Unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised a Yoga Session on the occasion of International Yoga Day under the theme ‘Yoga for Self and Society’. The session was open to all students, and faculty alike, aiming to encourage a healthy lifestyle. Our chief guest and instructor, Dr. R. Prasannalaxmi, an AYUSH Certified Yoga Therapist, guided us throughout the event and emphasised the importance of health and well-being.

Dr. Prasannalaxmi went over different breathing techniques, simple and moderate level yoga asanas which people could practise everyday without any issues and would notice drastic improvements in their overall health.



8) International Day Against Drug Abuse Rally

Date :- 22nd June 2024 **Time :-** 12:00 PM to 1:00

Venue :- Podar - Ruia - Maheshwari Udyan - Welingkar

Number of Participants/Attendance:- Male-6 Female-9 Total- 15

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) on the occasion of International Day Against Drug Abuse took part in a rally to raise awareness against drug abuse amongst the population of the area. In this activity we covered the area around Ruia college, Maheshwari Udyan and Welingkar college chanting multiple slogans to raise awareness on a major issue of our generation.



9) Pledge against drug abuse

Date :- 26th June 2024 **Time :-** 8:30 AM to 9:30 AM

Venue :- Yeoor Hills, Mulund

Number of Participants/Attendance :- Male-4 Female-11 Total- 15

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised an online pledge activity where volunteers took a pledge to not consume any drugs or harmful substances. Volunteers took a pledge to ensure that those around them would not be pressured to partake in such activities and would not pressure others to join in any activities they do not wish to.



10) Tree Plantation Activity

Date :- 30th June 2024

Time :- 7:30 to 9:30

Venue :- Yeoor Hills, Mulund

Number of Participants/Attendance :- Male-3 Female-7 Total- 10

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised a tree plantation activity along with the Podar Hiker's Club where a total of 25 trees were planted. While returning the volunteers spotted a lot of plastic garbage so they collected as much of the garbage they could essentially leaving the hills better than they had found it, in more ways than one.



11) Poster Making on Population Day

Date :- 9th July 2024

Time :- 11:00 AM

Venue :- Offline submission

Number of Participants/Attendance :- Male- 6 Female-15 Total- 21

Event Description:- On the occasion of the population day, the NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) conducted a poster making activity with this year's theme being 'Leave no one behind, count everyone' with pre-provided prompts.



12) Population Day Rally

Date :- 12th July 2024

Time :- 11:00 AM - 12:00 PM

Venue :- Podar - Ruia - Maheshwari Udyan - Welingkar

Number of Participants/Attendance :- Male- 10 Female-15 Total- 25

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised a rally on the occasion of population day under the theme 'Leave no one behind, count everyone' with volunteers yelling out slogans relating to population control and raising awareness about family planning.

The message was well received from the public; being addressed to people from different generations, the rally was well received by the public.



13) FY Self finance orientation session

Date :- 13th July 2024

Time :- 9:00 AM to 11:00 AM

Venue :- College

Number of Participants/Attendance :- Male-4 Female-1 Total- 5

Event Descriptions:- The NSS unit assisted the new students of the Self-Financing division by guiding and helping out new students and parents, while assisting the teachers during the orientation. The NSS unit helped to maintain decorum and avoid chaos throughout the entire session.



14) RRC peer training

Date :- 18th July 2024

Time :- 10:00 AM to 5:30 PM

Venue :- MDACS, Acworth Complex

Number of Participants/Attendance :- Male-2 Female-0 Total:- 2

Event Description:- The two male volunteers of NSS unit of R A Podar College of Commerce and Economics Empowered Autonomous attended the (MDACS) RRC peer training where they guide about the whole years' activities to be held by the colleges and the how to spread the information on HIV/AIDS and the role of RRC club.



15) University Foundation Day

Date :- 18th July 2024

Time :- 10:00 AM to 1:15 PM

Venue :- Sir Kawasji Jahangir Convocation Hall

Number of Participants/Attendance :- Male-3 Female-4 Total-7

Event Description:-

On the occasion of the 168th Foundation Day of the University of Mumbai, all colleges across Mumbai were invited to participate in the celebrations. The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) also attended the event to view the festivities conducted.



16) FY Bcom Orientation Session

Date :- 20th July 2024

Time :- 9:00 AM - 1:00 PM

Venue :- College

Number of Participants/Attendance :- Male-11 Female-13 Total-24

Event Description:-

The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) assisted in crowd management, registration, and guiding students during the FY Bcom orientation session.



17) Guru Purnima Celebration

Date :- 22nd July 2024

Time :- 9:30 AM -11:30 AM

Venue :- College

Number of Participants/Attendance :- Male- 3 Female-8 Total-11

Event Description:- The volunteers of the NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) expressed their respect and love for their gurus creatively by making cards and presenting them with chocolates and roses to celebrate the occasion.



18) Blood Donation at College

Date :- 23rd July 2024

Time :- 9:00 AM - 2:00 PM

Venue :- College Auditorium

Number of Participants/Attendance :- Male-11 Female-7 Total:-18

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous), in collaboration with the Enigma team, organised a Blood Donation Camp in College Auditorium with Sion Hospital.

Blood Donation is a huge aid to society and it can be done by all people (unless disqualified by law). The total units collected were more than 39.



19) Stem Cell Donation Camp

Date :- 25th July 2024

Time :- 9:00 AM -1:00 PM

Venue :- College

Number of Participants/Attendance :- Male-7 Female-11. Total:- 18

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised a stem cell donation drive with Dr. Praveen Clement. He helped us to spread awareness about novel cancer patient cure through Stem Cell Donation. The multi-faceted role of this drive was to create not only awareness about cancer patient cure with help of the youth, but also of collecting adequate saliva samples that may later be used to help find matches for potential donors.



20) Kargil Vijay Diwas Movie Screening

Date :- 26th July 2024

Time :- 11:00 AM - 1:30 PM

Venue :- College

Number of Participants/Attendance :- Male-9 Female-21. Total:-30

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised a movie screening activity on the occasion of Kargil Vijay Diwas. The movie's name was "State of Siege: Temple Attack" and was screened to create awareness and foster patriotism among the youth. The NSS unit also invited all faculty members and NCC cadets to join the viewing.



21) Dadar Beach Cleanup

Date :- 28th July 2024

Time :- 9:30 AM -11:30 AM

Venue :- Dadar Beach

Number of Participants/Attendance :- Male-3 Female-7. Total:-10

Event Description:-

The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) took part in a beach cleanup programme at the Dadar beach organised by Jay Foundation and was able to clean up plastic bags and cloth articles from the beach. Teaching the volunteers the importance of leaving the world a better place than we find it.



22) Youth Festival Award Ceremony

Date :- 30th July 2024

Time :- 3:00 PM - 5:00 PM

Venue :- University of Mumbai

Number of Participants/Attendance :- Male-3 Female-6 Total:-9

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) were invited to attend the award ceremony of the prestigious Youth festival conducted yearly by University of Mumbai.



23) Vision Rescue Dental Check-Up

Date :- 31st July 2024 **Time :-** 9:00 AM - 4:00 PM

Venue :- Mandala-Mankhurd

Number of Participants/Attendance :- Male:- 0, Female-3, Total:- 3

Event Description:-

The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) with to various vision rescue schools to help them conduct a dental checkup on various students from impoverished backgrounds in the Mandala-Mankhurd region.



24) Blood Donation Drive at Dadar Station

Date :- 2nd August 2024 **Time :-** 9:00 AM - 3:30 PM

Venue :- Dadar Railway Station

Number of Participants/Attendance :- Male-12, Female:-7 Total:- 19

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) took part in a blood donation camp at Dadar railway station. Due to

the active participation of volunteers, we were able to collect 62+ units of blood, which will be used to save lives. This initiative not only promotes the importance of blood donation but also demonstrates the spirit of social responsibility among the youth.



25) Hiroshima Peace Rally Posters

Date :- 5th August 2024

Time :- 11:00 AM

Venue :- Offline Submission

Number of Participants/Attendance :- Male-4 Female-8 Total:- 12

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised a poster making activity in preparation for the Hiroshima Peace Rally, the posters were to give an image to our thoughts and prayers.



26) Hiroshima Peace Rally

Date :- 6th August 2024

Time :- 1:30 PM -5:00 PM

Venue :- Azad Maidan

Number of Participants/Attendance :- Male:-8, Female:-09, Total :- 17

Event Description:-

The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) volunteers participated in a rally to remember the day the nuclear bombs were dropped on Hiroshima and Nagasaki, by contributing to a program of speeches, reflections, and peace-building activities. This rally serves as a powerful reminder of the need for a world free from nuclear weapons and violence. A need to unite in the spirit of peace, paying tribute to the past and committing to a hopeful future.



27) Cyber Awareness Seminar

Date :- 7th August 2024

Time :- 10:30 AM - 12:00 PM

Venue :- College

Number of Participants/Attendance :- Male-12, Female-21, Total:- 33

Event Description:- The NSS unit of R A Podar College of Commerce and Economics (Empowered Autonomous) organised a cyber awareness seminar for all other students and faculty members and to provide them with essential knowledge to navigate the digital world safely. 110+ students and faculty were present for the session and learned from the speaker and were able to stay informed about the latest trends and threats in cybersecurity. The seminar was undertaken by police officer Mr. Digambar Pagar.



28) Disaster Management

Date :- 7th August 2024

Time :- 10:00 AM -3:00 PM

Venue :- Y.B. Chavan Center

Number of Participants/Attendance :- Male:- 03, Female: 02, Total :- 05

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) participated in a Disaster Management Seminar, aimed at enhancing awareness and preparedness for natural and man-made disasters. Experts shared insights on risk mitigation, emergency response strategies, and community resilience, equipping attendees with valuable knowledge on disaster management



29) MDACS Marathon

Date :- 11th August 2024

Time :- 7:30 AM - 9:30 AM

Venue :- Vadala

Number of Participants/Attendance :- Male-4 Female-3 Total:- 07

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) took part in a 3 KM marathon organised by MDACS to raise awareness about different people's battle against HIV/AIDS.



30) Har Ghar Tiranga Rally

Date :- 11th August 2024

Time :- 9:30 AM -11:00 AM

Venue :- Matunga Station- Rajgruha

Number of Participants/Attendance :- Male-3 Female-9 Total:- 12

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) took part in a rally organised by the government.



31) RRC Poster Making Competition

Date :- 12th August 2024

Time :- 11:00 AM

Venue :- College

Number of Participants/Attendance :- Male- 11, Female-8, Total:- 19

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised a poster making competition on the event for youth awareness, this competition was informed about by the Mumbai District AIDS Control Society



32) Anna Bhau Sathe's International Seminar

Date :- 14th August 2024

Time :- 2:00 PM - 4:00 PM

Venue :- University of Mumbai

Number of Participants/Attendance :- Male- 1, Female- 1, Total:-02

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) participated in Anna Bhau Sathe's International Seminar, honoring

the legacy of the renowned social reformer and writer. The seminar featured discussions on his contributions to literature, Dalit activism, and social justice, with insights from scholars, historians, and guest speakers.



33) Independence Day Flag Hoisting and Pledge

Date :- 15th August 2024

Time :- 8:00 AM - 9:30 AM

Venue :- College

Number of Participants/Attendance :- Male-8, Female-17, Total: 25

Event Description:- On the occasion of Independence day, a Flag hoisting ceremony and pledge was undertaken and the total attendees for the same was over 100 students and faculty. The pledge was undertaken by the Principal of R.A. Podar College with many ex-students attending the same.



34) Independence Day Flashmob

Date :- 15th August 2024

Time :- 10:00 AM -11:00 AM

Venue :- College Auditorium and Matunga Station

Number of Participants/Attendance :- Male-1 Female-5, Total:-06

Event Description:- On the occasion of Independence day, the NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) conducted flashmobs in the college premises and at the Matunga station. The flashmob was viewed by over 200 people.



35) Independence Day Rally

Date :- 15th August 2024

Time :- 11:00 AM - 12:30 PM

Venue :- Podar - Ruia - Maheshwari Udyan - Welingkar

Number of Participants/Attendance :- Male-8 Female-15, Total:- 23

Event Description:- On the occasion of Independence day, the NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) conducted a rally with over 60 people from both the NSS and NCC units of our college. The Rally was well received by all the people that viewed it and was a way to remember the contribution of all those people that fought for our Independence.



36) NSS Unit Meet

Date :- 16th August 2024

Time :- 2:00 PM - 3:30 PM

Venue :- College

Number of Participants/Attendance :- Male-15, Female-18, Total:- 33

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) held its first Unit meet to get new volunteers acquainted with the work done by NSS and what they can expect to gain by contributing their time and efforts to NSS. The meet was addressed by our Programme Officer and Teacher in charge.



37) Rakhi Stall

Date :- 12th, 13th, 14th, 16th and 17th August 2024

Time :- 11:00 AM - 1:00 PM

Venue :- College

Number of Participants/Attendance :Female-14 Female-19 Total- 33

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) for the occasion of Raksha Bandhan held a stall selling rakhis, bracelets, keychains and more with items procured from a mentally challenged institute, the total sale over all the days was over ₹9,000.



38) SDC Seminar Preparations

Date :- 19th August 2024

Time:- 11:00 AM - 1:30 PM

Venue :- College

Number of Participants/Attendance :- Male- 8 Female-6 Total- 14

Event Description:- Our volunteers assisted in the 'Self Development Centre (SDC) Certificate and ID Card Handling' by organizing certificates according to courses and divisions before the event. Their efforts ensured a smooth and efficient distribution process.



39) Rakhi with Khaki

Date :- 19th August 2024 **Time :-** 9:00 AM - 11:00 AM

Venue :- College

Number of Participants/Attendance : Male-0 Female-4 Total- 4

Event Description:- NSS volunteers celebrate Raksha Bandhan with police officers, honoring their dedication and service. Volunteers tie rakhis to express gratitude and strengthen the bond between citizens and law enforcement. This gesture symbolizes respect, protection, and appreciation for their unwavering commitment to society.



40) SDC's life after college seminar

Date :- 20th-21st August 2024 **Time :-** 7:00 AM -11:30 AM

Venue:- College (Auditorium)

Number of Participants/Attendance :- Male-6 Female-9 Total- 15

Event Description :- Our volunteers actively assisted in the 'SDC Life After College Seminar' by managing registrations, guiding attendees, and ensuring smooth crowd control, contributing to the event's seamless execution.



41) National Students Paryavaran Competition (NSPC) Quiz

Date :- 21st August 2024 **Time:-** 11:00 AM

Venue :- Online

Number of Participants/Attendance :- Male- 8 Female-16 Total - 24

Event Description :-

The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) took part in an online quiz for the occasion of Environment day organised by Eco Mitram, an initiative undertaken to raise awareness about different aspects of the environment and how different ecological disasters occur and can be mitigated.

42) IDEAS4LIFE by Mission Life

Date :- 31st August 2024 **Time:-** 4:00 PM - 6:00 PM

Venue- IIT Bombay

Number of Participants/Attendance- Male- 6 Female-8 Total- 14

Event Description :- Our volunteers attended the IDEAS4Life Seminar at IIT Bombay, Powai, supported by the Union Ministry of Environment, to explore innovative solutions and promote sustainable practices for a better future.



43) CCC Session

Date :- 10th, 17th, 31st August, 2024

Venue- Don Bosco High School

Number of Participants/Attendance- Male- 1 Female-3 Total- 4

Event Description :- Community connect challenge is an workshop organised by Blue Ribbon Movement, an organisation dedicated to building leadership and active citizenship among the youth. Our volunteers participated and successfully completed the 3 week workshop program which helped them to not only gain knowledge about civic governance but also to become the active citizens of the city. Our volunteers completed many tasks like civics complaint filling ,etc.



44) GenZ Health Unplugged.

Date :- 2nd September, 2024

Time:- 12:30 pm - 2:00 pm

Venue- Ramnarain Ruia College

Number of Participants/Attendance- Male- 5 Female-13 **Total:-** 18

Event Description :- The Volunteers of NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) attended seminar GenZ Health organized by Ramnarain Ruia College to raise awareness about the health, reasons affecting it, etc. of GenZ youth.



45) Teacher's Day.

Date :- 4th September, 2024.

Time:- 10:30 AM - 12:00 PM

Venue- F2, R.A. Podar College

Number of Participants/Attendance- Male- 6 Female- 7 Total:- 13

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) celebrated teacher's day by making a poster, cards for teachers, etc. to thank them for their contribution to the society.



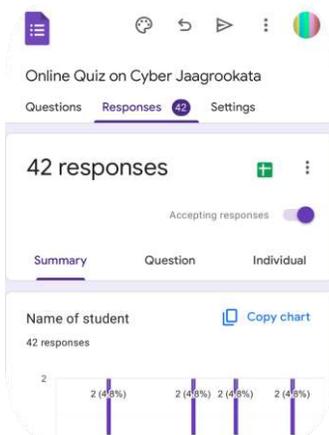
46) Cyber Awareness Quiz

Date :- 4th September 2024

Time:- 10:00 AM

Number of Participants/Attendance - Male-9 Female-14 Total:- 23

Event Description :- The unit organised a cyber awareness quiz online through google form, testing volunteers knowledge on cyber security, online safety and digital ethics promoting awareness and responsible Internet usage



47) Ganpati Visarjan Crowd Management.

Date :- 8th, 11th, 12th & 17th September, 2024.

Venue- Dadar Beach

Number of Participants/Attendance - Male-14 Female-3 Total:-17

Event Description :- The Volunteers of NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) engaged in crowd management during Ganapati Visarjan for 4 days to ensure that the celebration is done without any over-crowd.



48) Cloth Bag & Metal Bottle Distribution

Date :- 15th September, 2024

Time:- 5:00 pm - 8:00 pm

Venue- Lalbaug

Number of Participants/Attendance- Male- 11 Female-7 Total:- 18

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) was engaged in cloth and metal bottle distribution at Lalbaug to ensure that the distribution is done smoothly.



49) Beach clean up

Date :- 18th September 2024

Time:- 4:00 pm to 6:00 pm

Venue- Dadar Beach

Number of Participants/Attendance- Male- 7 Female- 9 Total:- 16

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) done Beach Cleanup at Dadar beach to make the beach and area cleaner.



50) Barhanpur Visit

Date :- 20th September 2024

Time:- 11:00 am to 3:00 pm

Venue- Barhanpur, Palghar

Number of Participants/Attendance- Male-14 Female-16 Total:- 30

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) visited to adopted village of NSS unit Barhanpur.



51) Beach Clean up

Date :- 21st September 2024

Time:- 8:00 am - 10:00 am.

Venue- Dadar Chowpatty

Number of Participants/Attendance- Male- 4 Female- 4 Total:- 8

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) done Beach Cleanup at Dadar Chowpatty to make the beach and area cleaner.



52) world Without War And Violence Seminar

Date :- 21st September, 2024.

Time:- 12 pm- 2:00 pm

Venue- Ramnarain Ruia College

Number of Participants/Attendance- Male- 10 Female- 7 Total:- 17

Event Description :- The volunteers NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) attended a seminar organised in Ramnarain Ruia College



53) Gandharva Sakhyam Crowd Management.

Date :- 23rd September, 2024.

Time:- 10:00 am - 1:00 pm

Venue- R.A.Podar College

Number of Participants/Attendance- Male- 8 Female- 8 Total:- 16

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) did crowd management during Gandharva Sakhyam, a cultural program held at R.A. Podar College of Commerce and Economics to ensure the program is completed smoothly.



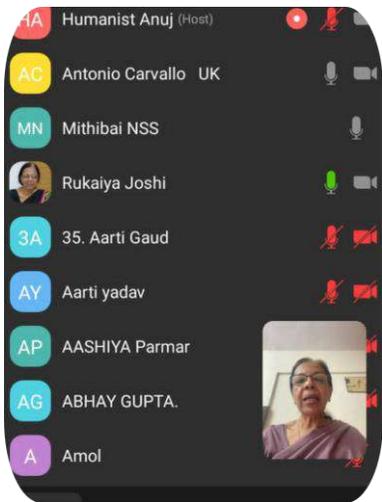
54) World Without war and violence online seminar

Date :- 24th september 2024

Venue- Online

Number of Participants/Attendance- Male-9 Female-10 Total:-19

Event Description :- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) attended an online seminar on World Without war and violence to understand at a deeper level what the 3rd world peace march is all about and from when to where it will take place and learn more about non-violence.



55) NSS foundation day food distribution

Date :- 24th September 2024

Time:- 12:00 PM - 1:00 PM

Venue- dadar-matunga

Number of Participants/Attendance- Male-8 Female-6 **Total:-14**

Event Description :- On NSS Foundation Day, our NSS unit will organize a food distribution drive to support those in need. This initiative reflects our commitment to social welfare and community service. Volunteers will distribute nutritious meals, spreading the spirit of compassion and solidarity.



56) De-addiction rally

Date :- 1st October 2024

Time :- 3:00 PM - 5:00 PM

Venue:- Azad maidan

Number of Participants/Attendance- Male-4 Female- 6 Total - 10

Event Description:- To raise awareness about the harmful effects of substance abuse. Students and volunteers will march with banners and slogans, promoting a healthy, addiction-free lifestyle. This initiative aims to inspire positive change and encourage individuals to choose a brighter future.



57) Bhajan Sandhya for Gandhi Jayanti

Date:- 2nd October 2024

Time:- 4:00 PM - 6:30 PM

Venue:- Gateway of India, Colaba

Number of Participants:- Male-3 Female-6 Total- 9

Event Description:- Bhajan Sandhya, organized on Gandhi Jayanti, is a soulful evening of devotional songs dedicated to Mahatma Gandhi’s ideals of peace and non-violence. Through melodious bhajans, we pay tribute to his enduring legacy and inspire harmony among all.



58) Diya Painting

Date:- 21,22,23 October 2024

Time:- 10:00 AM - 1:30 PM

Venue:- R A Podar College

Number of Participants/Attendance- Male-3 Female-17 Total- 20

Event Description:- NSS volunteers will paint and decorate diyas, which will be sold in college and distributed to our adopted village. This initiative promotes creativity, self-reliance, and the spirit of giving during the festive season.



59) Townhall Mumbai for election awareness

Date:- 23rd October 2024

Time:- 12:00 pm - 4:00 pm

Venue:- Lala Lajpat Rai college

Number of Participants/Attendance- Male-4 Female-4 Total- 8

Event Description:- The volunteers of NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) attended Townhall Seminar for Election Awareness at Lala Lajpat Rai college to know their voting right and the power of one vote to become a responsible voter.



60) Diya Stall

Date:-24,25 October 2024

Time:-10:00 am to 2:00 pm

Venue:- R A Podar College

Number of Participants/Attendance- Male-4 Female- 6 Total- 10

Event Description:- The Diya Stall, organized by NSS volunteers, showcases beautifully hand-painted diyas available for sale. This initiative supports social causes while spreading festive joy. Proceeds will contribute to community welfare, and a portion of the diyas will be distributed to our adopted village.



61) World Without War and Without Violence seminar with Ruia College

Date:- 26th October 2024

Time:- 12:00 pm to 2:00 pm

Venue:- Ruia College

Number of Participants/Attendance- Male-11 Female- 14 Total- 25

Event Description:- The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised a seminar with Ramnarain Ruia College on World without war and violence to mark the participation in 3rd World March against war and violence.



62) World Peace March Posters

Date:- 27th October 2024

Time:-10:00 am

Venue:- College

Number of Participants/Attendance- Male-4 Female-1 Total- 5

Event Description:- Our volunteers participated in the 3rd World Peace March Poster Making, creating impactful posters for the much-anticipated rally, promoting peace and unity.



63) Diya and Stationary donation

Date:- 28th October 2024

Time:-10:00 am to 2:00 pm

Venue:- Barhanpur Village

Number of Participants/Attendance- Male-5 Female-4 Total- 9

Event Description:- NSS volunteers will visit our adopted village, Barhanpur, to donate diyas and stationery to support education and brighten festivities. This initiative aims to spread joy, encourage learning, and strengthen our bond with the community.



64) Vigilance Awareness Online Session

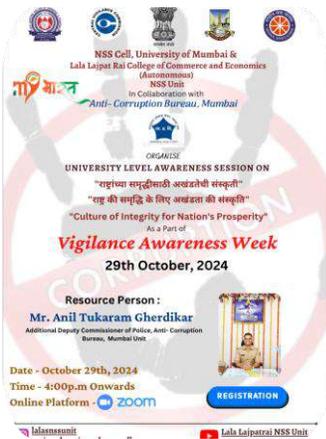
Date:- 29th October 2024

Time:- 4:00 pm onwards

Venue:- Online

Number of Participants/Attendance- Male-5 Female-14 Total-19

Event Description:- The Vigilance Awareness Online Session aims to promote integrity, transparency, and ethical practices in daily life. Experts will discuss the importance of vigilance in combating corruption and fostering a responsible society



65) Vigilance Week Pledge

Date:- 31st October 2024

Time:- 10:00 am

Venue:- Online

Number of Participants/Attendance- Male- 4 Female-13 Total- 17

Event Description:- As part of Vigilance Week, a pledge will be taken to uphold integrity, transparency, and ethical values in all aspects of life. This initiative reinforces our commitment to combating corruption and fostering a responsible and accountable society.



66) Vigilance Week Quiz

Date:- 3rd November 2024

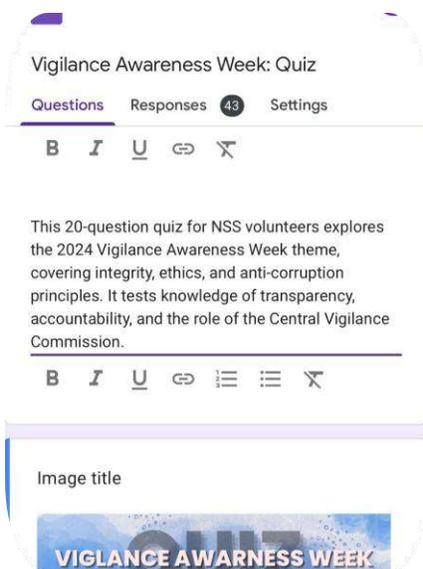
Time:- 10:00 am

Venue:- Online

Number of Participants/Attendance- Male- 12 Female-21 Total- 33

Event Description:-

The NSS unit of R.A. Podar College of Commerce and Economics (Empowered Autonomous) organised an online quiz on vigilance awareness to make sure that the volunteers are aware of it.



67) 3rd World Peace March

Date:- 7th November 2024

Time:- 8:00 am - 12:30 pm

Venue:- Valia College to Bhavans College, Andheri (W)

Number of Participants/Attendance- Male- 2 Female-10 Total- 12

Event Description:- NSS unit of R.A Podar college of commerce and economics Matunga,(Empowered Autonomous), attended the seminar on 3rd world peace March at valia college and rally from valia college to Bhavans college, Andheri.



68) SVEEP Campaign for Voter Awareness

Date:- 8th November 2024

Time:- 5:00 pm - 7:00 pm

Venue:- Gateway of India, Colaba

Number of Participants/Attendance- Male- 2 Female-2 Total- 04

Event Description:- The NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) attended the SVEEP Campaign. The SVEEP (Systematic Voters' Education and Electoral Participation) campaign is an initiative by the Election Commission of India to create awareness among voters and encourage them to participate in the electoral process.



69) Guiding FY Students in College

Date:- 13th November 2024

Time:- 11:30am-12:30pm

Venue:- R. A. Podar college

Number of Participants/Attendance- Male- 5 Female- 5 Total- 10

Event Description:- The NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) Guiding the FYBMS students to fill forms and finds their classrooms



70) Cloth Segregation Activity

Date:- 14th November 2024 **Time:-** 10:00 am to 11:00 am

Venue:- R A Podar college

Number of Participants/Attendance- Male-1 Female-4 Total-5

Event Description:- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) helped in segregation of the various clothes intended for the donation to the college's adopted village barhanpur's residents.

71) Constituency Issue Collection

Date:- 15th November 2024 **Time:-**10:00 am to 11:00 am

Venue:- Online/ visit

Number of Participants/Attendance- Male-5 Female- 4 Total-9

Event Description:- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) surveyed and researched the various existing issues in their respective local constituency as a task given under 'SVEEP campaign for voting awareness' activity.



72) Constituency Issue Collection

Date:- 15th November 2024 **Time:-** 10:00 am to 11:00 am

Venue:- Online/ visit

Number of Participants/Attendance- Male-4 Female-1 Total- 5

Event Description:-The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) surveyed and researched the various existing issues in their respective local constituency as a task given under 'SVEEP campaign for voting awareness' activity.

73) Shelu Clothes and Food Donation

Date:- 16th November 2024 **Time:-** 10:00 am to 12:00 pm

Venue:- Shelu

Number of Participants/Attendance- Male- 2 Female- 10 Total- 12

Event Description:- The NSS unit of R.A.Podar college of commerce and economics (Empowered Autonomous) visited Shelu near Vangani for a heartfelt day of food and cloth donation. From interacting with childrens to playing games and dancing together, it was a day filled with joy, connection and community spirit.



74) Voting Awareness Rally

Date:- 18th November 2024 **Time:-** 8:30 am-9:30 am

Venue:- Matunga

Number of Participants/Attendance- Male-3 Female- 11 Total- 14

Event Description:- The NSS unit of R.A.Podar college of commerce and economics (Empowered Autonomous) conducted a Voting Awareness Rally in the Matunga area to educate and encourage the public to exercise their right to vote in the upcoming Maharashtra Vidhan Sabha Elections.



75) Townhall seminar

Date:- 18th November 2024 **Time:-** 11:00 am to 1:00 pm

Venue:- Lala Lajpat Rai College

Number of Participants/Attendance- Male-2 Female- 8 Total- 10

Event Description:- The NSS unit of R.A.Podar college of commerce and economics (Empowered Autonomous) participated in the townhall mumbai, an insightful event focused on spreading awareness about the electoral process and the importance of voting.



76) Election duty

Date:- 20th November 2024

Time:- 7:00am to 7:00pm

Venue:- dadar, Naigaon, shivdi

Number of Participants/Attendance- Male- 13 Female- 15 Total- 28

Event Description:- The NSS unit of R.A.Podar college of commerce and economics (Empowered Autonomous) proudly served on Election duty during the Mahabharata Vidhan sabha election. Across 5 voting center and 40 polling booths in dadar, Naigaon, and shivdi.



77) NSS Unit Meet

Date:- 22nd November 2024

Time:- 10:00am to 12:00pm

Venue:- R.A. Podar College

Number of Participants/Attendance- Male-14 Female- 24 Total-38

Event Description:- The NSS Unit Meet was organized for all volunteers to discuss a few things related to the Unit's further activities after the vacation of Diwali.



78) Breast Cancer Seminar

Date:- 22nd November 2024 **Time:-** 12:00pm to 2:00pm

Venue:-Ramnarin Ruia College

Number of Participants/Attendance- Male- 6 Female-23 Total- 29

Event Description:-

The NSS unit of R.A.Podar college of commerce and economics (Empowered Autonomous) attended an insightful breast cancer seminar at Ruia College, emphasizing early detection and spreading awareness.



79) Climate Change Seminar

Date:- 22nd November 2024 **Time:-** 3:00 pm to 4:30 pm

Venue:- Don Bosco School

Number of Participants/Attendance- Male-4 Female-1 Total- 5

Event Description:- Our volunteers attended the Climate Change Seminar organized by the Community Connect Challenge (CCC), where they engaged in interactive discussions on environmental issues, sustainability, and the urgent need for climate action.



80) National Constitution Day Poster Making

Date:- 24th November 2024 **Time:-** 10:00am

Venue:-College

Number of Participants/Attendance- Male- 7 Female-9 **Total-** 16

Event Description:- Our volunteers participated in a Constitution Day Poster Making activity, creating impactful posters for two upcoming rallies to promote awareness about constitutional values and rights.



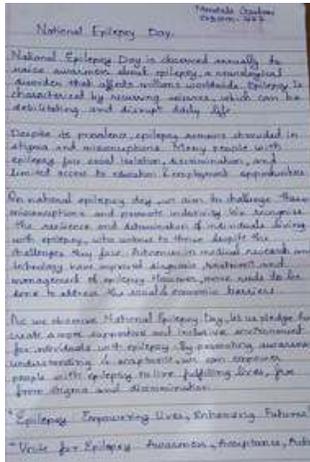
81) National Epilepsy Day Essay Writing

Date:- 25th November 2024 **Time:-** 10:00am

Venue:-College

Number of Participants/Attendance- Male-12 Female-17 **Total-** 29

Event Description:- Volunteers participated in an Epilepsy Day essay writing activity to raise awareness about epilepsy, its causes, and the importance of empathy and community support. The essays emphasized dispelling myths and promoting inclusion for those affected.



82) National Epilepsy Day Tattoo

Date:- 25th November 2024 **Time:-** 10:00am

Venue:-College

Number of Participants/Attendance- Male- 13 Female-20 Total- 33

Event Description:- Volunteers took part in an Epilepsy Day tattoo-making activity to raise awareness and show support for individuals living with epilepsy. The creative tattoos symbolized empathy, inclusion, and the importance of understanding the condition.



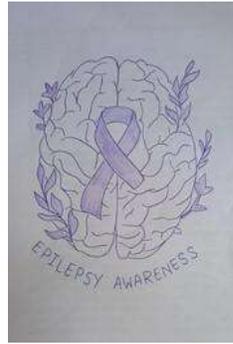
83) National Epilepsy Day Poster

Date:- 25th November 2024 **Time:-** 10:00am

Venue:-College

Number of Participants/Attendance- Male- 14 Female-17 Total- 31

Event Description:- Volunteers participated in an Epilepsy Day poster-making activity to raise awareness, promote empathy, and support inclusion for those with epilepsy.



84) Constitution Day Rally

Date:- 26th November 2024

Time:- 8:00am to 9:00am

Venue:- Shivaji Maidan

Number of Participants/Attendance- Male- 5 Female-3 Total- 8

Event Description:- On the occasion of Constitution Day, our NSS volunteers actively participated in a rally from Shivaji Park to Chaityabhoomi. With great enthusiasm, they marched to spread awareness about constitutional rights and duties, celebrating the spirit of democracy.



85) Constitution Day Rally

Date:- 26th November 2024

Time:- 8:00am to 10:00am

Venue:- Bhagvan Garden

Number of Participants/Attendance- Male- 1 Female-6 Total- 7

Event Description:- Another rally was conducted from Worli to Chaityabhoomi, where volunteers walked with determination, emphasizing the importance of justice, liberty, equality, and fraternity. Their efforts highlighted the significance of upholding constitutional principles.



86) Constitution Day Seminar

Date:- 26th November 2024

Time:- 12:00pm to 2:00pm

Venue:-College

Number of Participants/Attendance- Male- 14 Female-18 Total- 32

Event Description:- Our unit attended a Constitution Day Seminar held in college, where we honored the Constitution, its makers, and reflected on its significance in shaping the nation.



87) Constitution Day Quiz

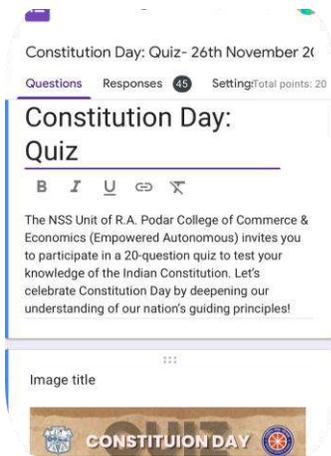
Date:- 26th November 2024

Time:- 10:00am

Venue:-College

Number of Participants/Attendance- Male- 16 Female-22 Total- 38

Event Description:-The Constitution Day Quiz promotes awareness of the Indian Constitution through an interactive quiz on rights, duties, and key provisions, encouraging informed citizenship.



88) Poster making RRC Week

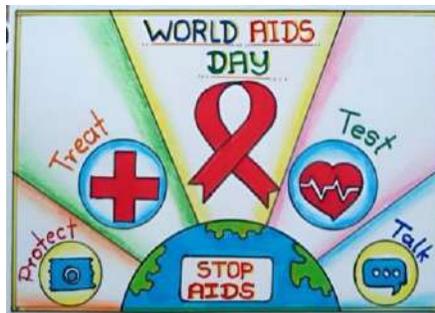
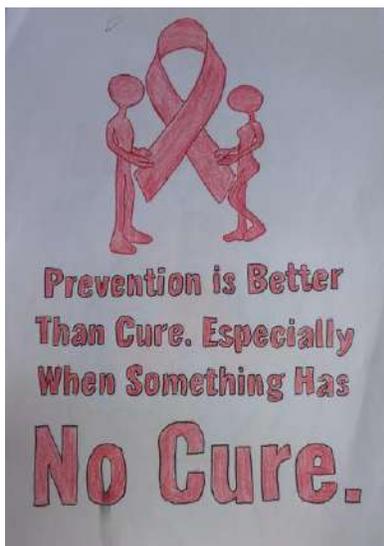
Date:- 1st December 2024

Time:- 10:00 AM

Venue:- College

Number of Participants/ Attendance- Male-16 Female -25 Total-41

Event Description:- Poster making activities were conducted during RRC Week to spread awareness about HIV/AIDS, encouraging students to convey important messages on prevention and support through creative artwork.



89) Slogan making

Date:- 1st December 2024 Time:- 10:00 AM

Venue:- College

Number of Participants/ Attendance- Male-16 Female-25 Total-41

Event Description:- NSS Unit of R. A. Podar College conducted a Slogan making activity in which volunteers made in different languages to promote the objective.



90) Beach Cleanup

Date:- 1st December 2024

Time:-8:00 AM to 10:00 AM

Venue:-Dadar

Number of Participants/ Attendance- Male-7 Female-9 Total-16

Event Description:- NSS Unit of R. A. Podar College conducted a Beach Cleanup activity at Mahim Beach with all the volunteers tried to clean the surrounding.



91) Awareness Rally

Date:- 2nd December 2024

Time:- 9:00 am to 9:30 am

Venue:-College

Number of Participants/ Attendance- Male-9 Female-20 Total-29

Event Description:- NSS Unit of R. A. Podar College conducted Awareness Rally activity regarding HIV/ AIDS with volunteers surrounding R.A. Podar College, Ruia College and Welingkar Institute.



92) Selfie with Red Ribbon

Date:- 2nd December 2024

Time:- 10:00 am onwards

Venue:- College

Number of Participants/ Attendance - Male-16 Female- 22 Total-38

Event Description:- NSS Unit of R.A. Podar College conducted a Selfie with Red Ribbon activity where volunteers were asked to wear Red Ribbons and click selfie with ribbon and to upload it.



93) RRC Pledge

Date:- 2nd December 2024

Time:- 9:30 am to 10:00 am

Venue:- College

Number of Participants/ Volunteers - Male-14 Female-23 Total-37

Event Description:- After the rally all the members of Red Ribbon Club took a oath to make people aware of deadly diseases, to promote and follow practices which will help in preventing the spread of HIV/ AIDS.



94) Room Decoration for RRC Week

Date:- 3rd December 2024

Time:- 9:00 am to 10:00 am

Venue:- College

Number of Participants/ Volunteers- Male- 4 Female-7 Total-11

Event Description:- NSS Unit of R. A. Podar College decorated the NSS Room related to the theme that is RRC Week.



95) Human Chain and Word Chain

Date:- 3rd December 2024

Time:- 12 noon onwards

Venue:- College

Number of Volunteers- Male- 10 Female- 21 Total-31

Event Description:- Nss unit of R. A. Podar College conducted an activity where volunteers formed a Human Chain and Word Chain to show Unity and Solidarity in their fight against HIV/AIDS.



96) Short Film Shoot

Date:- 3rd December 2024

Time:- 1:00 pm to 4:00 pm

Venue:- College

Number of Volunteers- Male- 5 Female-8 Total-13

Event Description:- NSS Unit of R. A. Podar College created a short film for the RRC Week highlighting important facts about HIV/ AIDS and dispelling disbelief regarding Fake ways HIV can spread.



97) Short Film Shoot

Date:- 4th December 2024 Time:- 1:00 pm to 4:00 pm

Venue:- College

Number of Volunteers- Male- 4 Female-10 Total-14

Event Description:- NSS Unit of R. A. Podar College created a short film for the RRC Week highlighting important facts about HIV/ AIDS and dispelling disbelief regarding Fake ways HIV can spread.

98) Tattoo Making

Date:- 4th December 2024 Time:- 10:00 am onwards

Venue:- College

Number of Volunteers- Male- 15 Female-26 Total-41

Event Description:- Volunteers were given an activity to make on their hands which was related to RRC Week topics and they were supposed to upload the photos of the same in a Drive Link.



99) Sticker Pasting

Date:- 4th December, 2024

Time:- 10:00 am onwards

Venue:- College

Number of Volunteers:- Male- 16 Female- 17 Total:- 33

Event Description:- Volunteers were given an activity where they have to paste the sticker near their place and click photos and upload it in a Drive Link.



100) Essay Writing

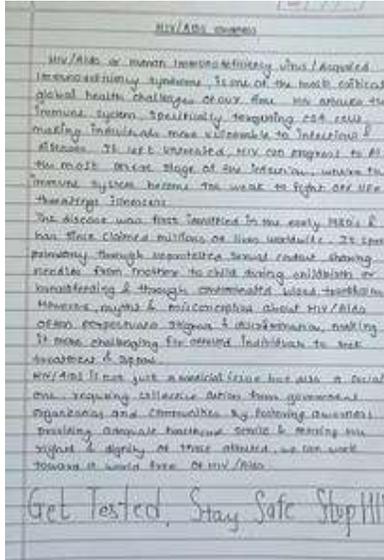
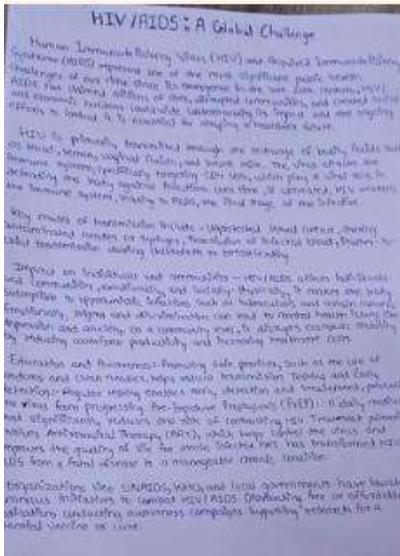
Date:- 4th December, 2024

Time:- 10:00 am onwards

Venue:- College

Number of Volunteers:- Male- 14 Female- 25 Total:- 39

Event Description:- Volunteers were supposed to write the essay related to the RRC Week topics and upload the same in the Drive Link.



101) Annyata NSS Event

Date:- 5th December, 2024

Time:- 9:00 am to 2:00 pm

Venue:- M.D. College, Parel

Number of Volunteers:- 4 Male- 3 Female- 1 Total:- 4

Event Description:- Annyata, held at MD College, Parel, brought together participants from various colleges for fine arts, quiz, and debate competitions under the theme of Red Ribbon Club (RRC), promoting HIV/AIDS awareness through talent and knowledge.



102) Meme Making

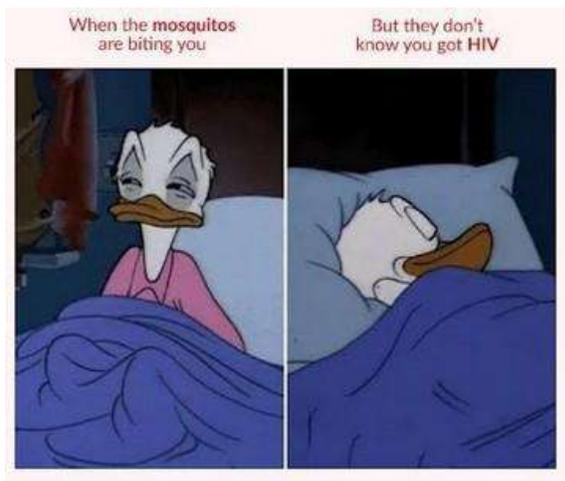
Date:- 5th December, 2024

Time:- 10:00 am onwards

Venue:- College

Number of volunteers:- Male- 17 Female-21 Total:- 38

Event Description:- Volunteers created engaging and informative memes to promote HIV/AIDS awareness, using humor and creativity to spread important messages on prevention and support.



103) Viksit Bharat Online Quiz

Date:- 5th December, 2024

Time:- 10:00 am onwards

Venue:- Online

Number of Volunteers:- Male-5 Female-14 Total:-19

Event Description:-

Volunteers participated in the Viksit Bharat online quiz to enhance their knowledge about India's development initiatives. The quiz encouraged awareness, active citizenship, and engagement with the nation's progress.



104) RRC Digi Poster

Date:- 5th December, 2024

Time:- 10:00 am onwards

Venue:- Online

Number of Volunteers:- Male-15 Female-19 Total:-34

Event Description:- A digital poster making activity was conducted where volunteers created informative and creative posters to promote HIV/AIDS awareness, focusing on prevention, support, and education through digital platforms.



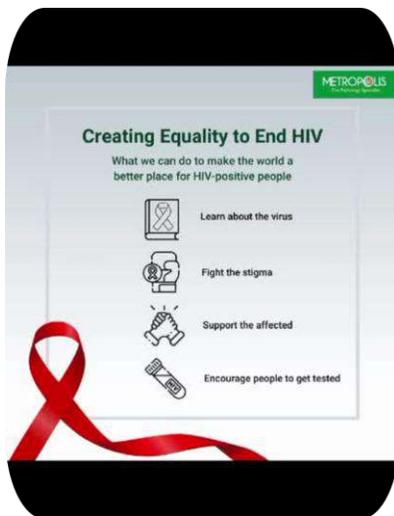
105) Reel Making

Date:- 5th December, 2024 Time:- 10:00 am onwards

Venue:- College

Number of Volunteers:- Male- 12 Female- 19 Total:-31

Event Description:- A reel-making activity was conducted where volunteers created short videos to promote HIV/AIDS awareness, using social media to spread messages on prevention, support, and education.



106) SDC Session Volunteering

Date:- 5th December, 2024 Time:- 8:00 am to 5:00 pm

Venue:- College

Number of Volunteers:- 18 Male-6 Female-16 Total:- 22

Event Description:- Volunteers assisted in managing the registration desk, crowd control, and ensuring a smooth flow of visitors during the Ek Adam Aage - Volunteering session under the Self Development Centre (SDC).



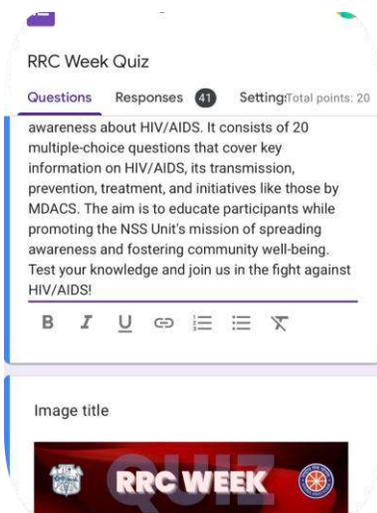
107) RRC Quiz

Date:- 6th December, 2024 Time:- 10:00 am onwards

Venue:- College

Number of Volunteers:- Male-15 Female-26 Total:-41

Event Description:-An online quiz was conducted among volunteers through Google Forms to promote HIV/AIDS awareness, testing their knowledge on prevention, support, and key facts about the disease.



108) Youth Awareness

Date:- 6th December, 2024

Number of Volunteers:- Male-14 Female-15 Total:-29

Event Description:- A youth awareness activity was conducted where volunteers educated people about HIV/AIDS, spreading awareness on prevention and support, and collected feedback through forms to assess understanding and impact.



109) Podar Ratna Crowd Management

Date:- 7th December, 2024 Time:- 2:30 PM- 6:30 PM

Venue:- College

Number of volunteers:- Male-13 Female-13 Total:-26

Event Description:- Our volunteers actively contributed to the success of Podar Rana by assisting in reception, stage management, hospitality, and technical committees, ensuring the smooth execution of the event.



110) HIV/AIDS Screening

Date:- 9th December, 2024

Time:- 11:00 AM - 12:00 PM

Venue:- College

Number of volunteers:- Male-12 Female-25 Total:-37

Event Description:-A short film screening was conducted where volunteers showcased Lal Dhago ki Kahani, highlighting the cause, myths, and prevention of HIV/AIDS to promote awareness and education.



111) MAWA Rally

Date:- 10th December, 2024

Time:- 9:30am - 12:30pm

Venue:- Dadar-Wadala-Matunga

Number of volunteers:- Male- 0 Female- 9 Total:- 9

Event Description:- Our volunteers actively participated in the MAWA Rally across the Dadar-Wadala-Matunga area to raise awareness about human rights and promote equality and justice in society.



112) Blood Donation

Date:- 10th December, 2024

Time:- 9:00am - 2:30pm

Venue:- College Auditorium

Number of Volunteers:- Male-12 Female-13 Total:-25

Event Description:- A blood donation camp was organized in the college auditorium in collaboration with Sion Blood Bank and the Rotaract Club of Bombay (Chembur West), where students and faculty actively participated in donating blood to save lives.



113) SDC Feedback Handling

Date:- 11th December, 2024

Time:- 11:30am - 3:00pm

Venue:- College

Number of Volunteers:- Male- 4 Female- 2 Total:-06

Event Description:- Volunteers assisted in managing the registration desk, crowd control, and ensuring a smooth flow of visitors during the Ek Adam Aage - Volunteering session under the Self Development Centre (SDC).



114) Mava Theatre Workshop

Date:- 12th-17th December, 2024

Time:- 9am - 6 pm

Venue:- Bhavan's College Chowpatty

Number of Volunteers:- Male- 0 Female-2 **Total:-** 2

Event Description:- Volunteers assisted in managing the registration desk, crowd control, and ensuring a smooth flow of visitors during the Ek Adam Aage - Volunteering session under the Self Development Centre (SDC).



115) Street Play Workshop Ruia College

Date:- 20th December, 2024

Time:- 12:30 pm - 4:30 om

Venue:- Ruia College

Number of Volunteers:- Male- 2 Female- 08 Total:- 10

Event Description:- Our volunteers attended the Streetplay Workshop at Ruia College, where they learned the art of impactful storytelling through street theatre. The session focused on using performances to raise awareness about social issues, equipping volunteers with essential skills.



116) Dadar Beach Cleanup

Date:- 21st December, 2024

Time:-8am - 10am

Venue:- Dadar Chowpatty

Number of Volunteers:- Male- 5 Female-6 Total:-11

Event Description:- A beach cleanup drive was conducted at Dadar Beach in collaboration with Beach Warriors India, where volunteers participated in removing waste and spreading awareness about marine conservation.



117) Barhanpur Campsite Inauguration

Date:- 23rd December, 2024

Time:-12:00pm - 2:00pm

Venue:- Barhanpur

Number of volunteers:- Male- 06 Female- 06 Total:- 12

Event Description:- Volunteers inaugurated the campsite at our adopted village in Barhanpur by inviting school children from nearby areas. The event featured dance performances, food distribution, and a clay-making activity, allowing children to express their creativity.



119) Rakshin Project Meet

Date:- 23rd December, 2024

Time:- 5:30 pm to 6:30 pm

Venue:- Online

Number of volunteers:- Male- 8 Female- 7 Total:- 15

Event Description:- Volunteers inaugurated the campsite at our adopted village in Barhanpur by inviting school children from nearby areas. The event featured dance performances, food distribution, and a clay-making activity, allowing children to express their creativity.



120) NSS Meet

Date :- 2 Jan,2025

Time :- 10:00 AM - 12:00 PM

Venue :- College

Number of Participants:- Male-13 Female-21 Total- 34

Event Description :- The NSS Unit Meet was organized for all volunteers to discuss a few things related to the Unit along with the upcoming activities and take review and feedback on the previous activities done till the date.



121) FY Open House

Date :- 4 Jan, 2025

Time :- 8:00 am to 10:00 am

Venue :- RA. Podar College

Number of Participants/ Attendance:- Male-6 Female-13 Total-19

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) helped in the successful completion of the open house meeting arranged for first year students and their parents.



122) RAPAA Crowd Management

Date :- 4 Jan, 2025

Time :- 5:00 pm onwards

Venue :- RA. Podar College

Number of Participants:- Male-7 Female-8 Total-15

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) volunteered at the event organised by alumni association and helped in its successful completion.



123) Third World Peace March Closing Ceremony

Date :- 5 Jan, 2025

Time :- 7:00 pm onwards

Venue :- Online

Number of Participant:- Male-7 Female-10 Total- 17

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) actively participated in the closing ceremony of the third world peace march after participating in its previous activities too.



124) Women's safety Street Play

Date :- 7 Jan, 2025

Time :- 10:00 am to 1:00 pm

Venue :- Matunga and Dadar Station

Number of Participants:- Male-2 Female-9 Total-11

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and

economics (Empowered Autonomous) performed an amazing street play at Matunga and Dadar railway station to spread awareness about women's safety.



125) University of Mumbai Convocation Ceremony

Date :- 7 Jan, 2025

Time :- 9:00 am to 1:30 pm

Venue :- Convocation Hall, University of Mumbai

Number of Participants:- Male-2 Female-3 Total- 5

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) participated and volunteered for the convocation ceremony arranged by the Mumbai University.



126) Barhanpur Book Reading

Date :- 8 Jan, 2025

Time :- 9:00 AM - 1:00 PM

Venue :- Barhanpur

Number of Participants- Male-4 Female-3 Total: 07

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) conducted a book reading activities at the school of Parhadpada and Barhanpada in our adopted village, under the government initiative Vachan Parhadpada.



127) Musical Talk With Subodh Bhawe

Date :- 8 Jan, 2025 **Time :- 9:30 AM - 1:30 PM**

Venue :- Convocation Hall, University of Mumbai

Number of Participants:- Male- 2 Female-2 Total-4

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) actively participated in the engaging session on the topic ‘musical talk’ by the resource person famous personality ‘Mr. Subodh Bhawe’.



128) NEP information dissemination session

Date :- 10 Jan, 2025 **Time :- 11:00 AM - 12:30 PM**

Venue :- College

Number of Participants:- Male-11 Female-9 Total-20

Event Description :- Our volunteers attended an Online Lecture on NEP 2020 in college, where Prof. Ravindra Kulkarni, Vice Chancellor of the University of Mumbai, shared valuable insights on the policy's objectives, implementation, and its transformative impact on the education

system.



129) School Connect 2.0 session

Date :- 11 Jan, 2025

Time :- 11:00 AM - 2:00 PM

Venue :- College

Number of Participants:- Male- 3 Female- 4 Total- 7

Event Description :-Volunteers assisted in the School Connect 2.0 Session, where the Principal of MCC College educated junior college students about NEP 2020, ensuring smooth coordination and engagement throughout the event.



130) Career in Economics seminar

Date :- 13 Jan, 2025

Time :- 9:00 AM - 1:00 PM

Venue :- Kalina Campus,University

Number of Participants:- Male- 3 Female- 0 Total-3

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) actively participated in the seminar regarding the 'Career in Economics field' at the Kalina Campus of Mumbai University.



131) Session on Rational Thinking

Date :- 13 Jan, 2025

Time :- 9:00 AM - 11:00 AM

Venue :- College

Number of Participants:- Male- 3 Female-7 Total- 10

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) actively participated and volunteered for the successful completion of the session on Rational thinking at college campus .



132) National Youth Day Quiz

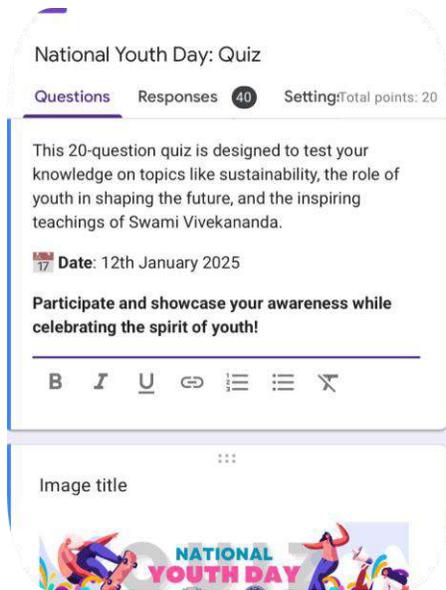
Date :- 13 Jan, 2025

Time :- 11:00 AM

Venue :- Online

Number of Participants:- Male-12 Female-19 Total:- 31

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) attempted the online quiz on the occasion of National youth day intended for spreading awareness about the national youth day.



133) Book Binding Activity

Date :- 14 Jan, 2025

Time :- 11:00 AM

Venue :- College

Number of Participants:- Male- 9 Female-11 Total-21

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) made the various useful notebooks from using the reusable materials and decorated it creatively which were later donated to the college's adopted village barhanpur's school students.



134) NSS Camp Meet

Date :- 14 Jan, 2025

Time :- 10 am - 11 am

Venue :- College

Number of Participants: Male-14 Female-14 Total-28

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) attended the unit meet scheduled for giving instructions and brief overview for the upcoming nss annual camp.



135) NEP Street Play

Date :- 15 Jan, 2025

Time :- 10:30 AM - 12:30 PM

Venue :- Shishuvihar School

Number of Participants: Male- 1 Female-3 Total- 4

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) spreading awareness through creativity and performance.



136) Republic Day Celebration

Date :- 26 Jan, 2025

Time :- 8:00 AM - 11:00 AM

Venue :- R. A. Podar College

Number of Participantse: Male- 12 Female-16 Total- 28

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) participated in the celebration of the Republic day by flag hoisting and flash mob dance performance and various energetic speeches on the Great leaders, organised at the college campus.



137) Anti-Human Trafficking Club Inauguration

Date :- 29 Jan, 2025

Time :- 1:30 PM - 5:30 PM

Venue :- Lala lajpatrai College, University

Number of Participants: Male- 11 Female-18 Total-29

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) along with the programme officer attended the inauguration of Unit's Anti- human trafficking club, at the Lala Lajpat Rai College, intended to raise awareness about human trafficking via various activities.



138) Sphurti Fest of MD College

Date :- 5 Feb, 2025

Venue :- MD College, University

Number of Participants/ Attendance: Male-7 Female-9 Total- 16

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) enthusiastically participated in various competitions at the MD College's nss Unit's annual socio-cultural fest 'Sphurti' and won various prizes as well.



139) Writer For Visual Impaired Students

Date :- 7th,8th & 10th Feb, 2025

Venue :- RA.Podar College

Number of Participants/ Attendance: Male- 0 Female-1 Total-1

Event Description :- Few volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) helped some visually impaired students in their semester written exam by acting as their writer.

140) Women's Safety awareness Poster

Date :- 7 Feb, 2025

Time :- 10:00 AM

Venue :- RA.Podar College

Number of Participants/ Attendance: Male- 0 Female-2 Total-2

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) creatively made various attractive posters to depict the sensitive topic of Women's safety. They made posters to raise awareness about the topic in an artistic way.



141) Degree Distribution Ceremony

Date :- 8 Feb, 2025

Time :- 8:30 AM - 12:30 PM

Venue :-RA. Podar College

Number of Participants/ Attendance: Male-3 Female-3 Total- 6

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) volunteered in the organization and successful completion of the ceremony arranged for the purpose of degree distribution to the successful students who completed their undergraduate course.



142) Shelu Food And Ration Donation

Date :- 8 Feb, 2025 Time :- 9:30 AM - 12:30 PM

Venue :- Shelu

Number of Participants/ Attendance: Male-2 Female- 4 Total- 6

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) visited Shelu near Vangani for a heartfelt day of food and ration donation. From interacting with childrens to playing games and dancing together, it was a day filled with joy, connection and community spirit.



143) Umeed Fest Of Jaihind

Date :- 11 Feb, 2025 -

Venue :- Jai Hind College, University

Number of Participants/ Attendance: Male-6 Female-9 Total- 15

Event Description :- The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) enthusiastically participated in various competitions at the Jai Hind College's nss Unit's annual socio-cultural fest 'Umeed', organised by NSS Unit of Jai Hind college to spread awareness about cultural heritage. Our volunteers enthusiastically participated in various events organised for the same.



144) Uttung Fest of R.A. Podar

Date :- 14 Feb, 2025

Venue :- R.A. Podar College

Number of Participants/ Attendance: Male-19 Female-24 Total- 43

Event Description :- The NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) organised and hosted its annual socio-cultural fest 'Uttung' with the theme 'Gramodhbhav : Empowered Village, Prosperous Nation'. Various NSS units of different colleges participated in the same. Our volunteers played a crucial role in the successful organization and completion of the fest & made it successful by fulfilling its intent of spreading awareness in a fun and engaging way.



145) Anti Human Reel Making

Date :- 19 Feb, 2025

Time :- 11:00 AM

Venue :- Online

Number of Participants/ Attendance: Male- 2 Female-2 Total- 4

Event Description :-The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) participated in creating an awareness reel to highlight the issue of human trafficking and its prevention.



146) Jai Shivaji - Jai Bharat Padyatra

Date :- 19 Feb, 2025

Time :- 8am - 10 am

Venue :- Old Collector Office to Gateway

Number of Participants/ Attendance: Male- 5 Female-13 Total- 18

Event Description :-The volunteers of NSS unit of R.A.podar college of commerce and economics (Empowered Autonomous) participated in the 'Jay Shivaji -Jay Bharat Padyatra' celebrating the birth anniversary of Chhatrapati Shivaji Maharaj. With unwavering spirit, we March in unity, paying tribute to his valor, leadership, and vision for Swaraj.



147) Samvidhan Amrut Mahotsav

Date :- 20 Feb, 2025

Time :- 8:45 am - 12:00 pm

Venue :- University Of Mumbai

Number of Participants/ Attendance: Male- 2 Female-1 Total-3

Event Description :- Our volunteers attended the 'Samvidhan Amrit Mahotsav' at Convocation Hall, University of Mumbai, where Hon'ble Union Ministers and IAS Officers addressed the gathering, emphasizing the significance of the Constitution.



148) Drug Free India Program

Date :- 21 Feb, 2025

Time :- 1:00 pm - 5:00 pm

Venue :- Lala Lajpatrai College

Number of Participants/ Attendance: Male-4 Female-5 Total- 9

Event Description :- Our NSS volunteers attended the 'Program on Drugs Free India' at Lala College, Mahalaxmi, spreading awareness about substance abuse. The session was graced by actress Priyadarshini Indalkar, who inspired youth to choose a healthier, drug-free life.



149) Anti-Human Trafficking Club

Date :- 25 Feb, 2025

Time :- 2:00 pm - 4:00 pm

Venue :- Gateway Convention Center Goregaon

Number of Participants/ Attendance: Male-3 Female-5 Total:- 8

Event Description :- Volunteers participated in the Anti-Human Trafficking Boot Camp, aimed at raising AHT Champion Volunteers. The camp focused on awareness, skill-building, and empowering participants to combat human trafficking effectively.



Rural Residential Camp (18th January, 2025 to 24th January, 2025)

Day 1 - 18th January, 2025

On the first day of the NSS Residential Camp. We reached the Campsite at approximately 11.30am. After reaching everyone was given time to settle and have lunch. After the lunch, the teams for next 7 days was made under the guidance of Akshay Tinganwar Sir, Kapil Sir, Sanjay Sir and Pooja Maam. A total of 5 teams were made and in each team there consisted of 6 volunteers.



After some time, Kapil sir held a team building session outdoors. It consisted of various games which required the importance of team coordination in volunteers, which was followed by volunteers doing a cloths segregation activity in which they segregated as male, female and

Day 2 - 19th January, 2025

The day began at 5am with a few physical exercises, yoga and meditation. Then a few minutes were given to volunteers to freshen up. Then we proceeded with our visit to Kasa Police Station to strengthen our ties with the local authorities, while the other team went to invite the villagers for a medical camp.

After that the Ex-NSS volunteers visited the camp and shared their experience with us. Later on the 1 team went for Bandhara Building and 2 teams for Rice Mill Cleaning children clothes.



Day 3- 20th January, 2025

The day began at 5am with a few physical exercises, yoga and meditation. Then a few minutes were given to volunteers to freshen up. Then we proceeded with an awareness rally on water conservation and waste management to promote sustainable practices. After that a team of doctors and staff visited Barhanpur for the medical camp to provide essential healthcare services to villagers. Further two teams were sent to vaanipada cleaning and 1 team was sent for well cleaning to ensure access to clean water.



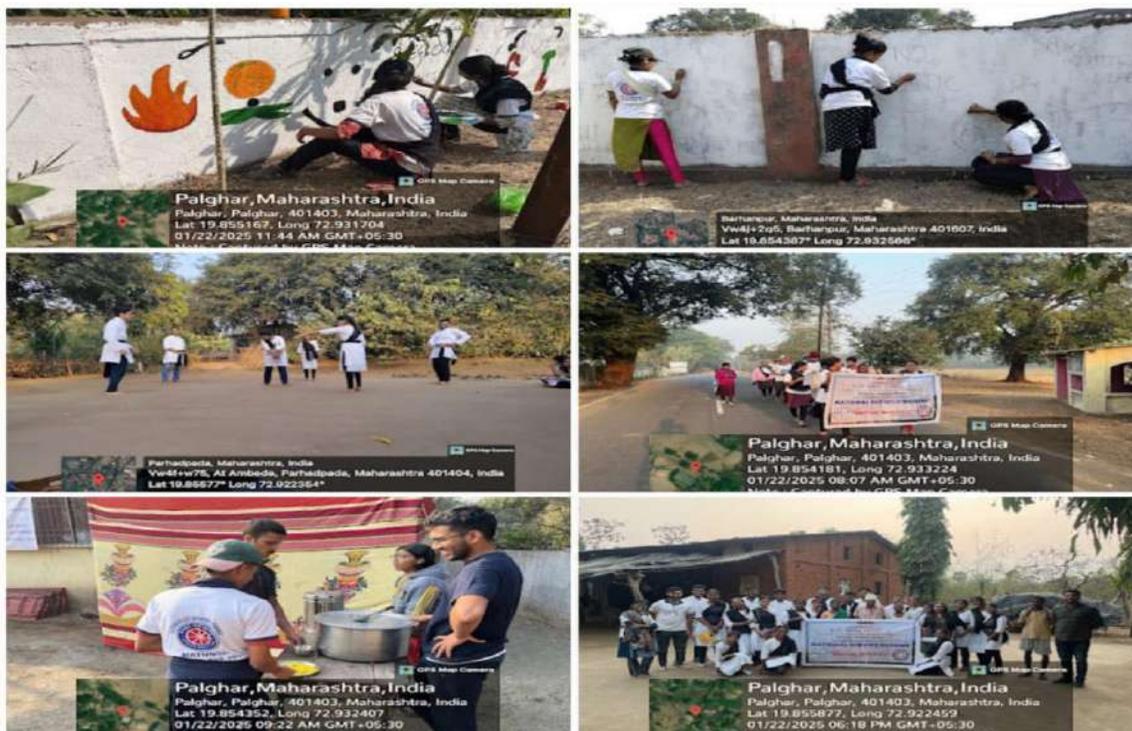
Day 4- 21st January,2025

The day began at 5am with running, physical exercises, yoga and zumba. The teams were deputed for Bandhara Building and while other teams were sent for teaching a good touch and bad touch session at the Parhadpada School and a menstrual hygiene session at Ambede. Few volunteers were sent for wall painting at the dispensary. Some of the teams were rotated from the work they were doing and later in the evening we conducted a cultural eve allowing volunteers to show off their cultural talent followed by the mocks of streetplay of all teams.



Day 5- 22nd January, 2025

The day began at 5am with running, physical exercises, yoga and zumba. Teams were sent for a rally on HIV/AIDS Awareness, Drugs/Alcohol/Tobacco abuse and superstitions. Further on two teams did the Wall Painting at Campsite and 1 team was dispatched to do the Wall Painting at the Dispensary. Later on the volunteers performed streetplay drama to educate and engage villagers on important issues.



Day 6- 23rd January, 2025

The day began at 5am with running, physical exercises, yoga and zumba. 2 teams were sent to invite villagers for Veterinary Camp and Clothes Donation. Veterinary Camp was held later in the day to ensure the well being of livestock. Then we proceeded with Uttung - A day of fun games and donating clothes to the villagers. Then 1 team was sent for wall painting at the dispensary while two teams painted the walls at the campsite. At night, Akshay Shingare sir held a star gazing session along with our volunteers. Later on, a Gender Sensitisation Session was held by Pooja Ma'am with the girl volunteers. We wrapped the day with a Campfire, as it was the last night of our Residential Camp.



Day 7- 24th January, 2025

The day began at 6am with exercises. As today was our last day, we completed all the pending tasks of ours. We distributed the remaining clothes to those villagers who could not come for the distribution on the previous day. We completed the remaining wall paintings at the dispensary and the campsite walls. In addition we also conducted a rally on voter awareness, to end the day we conducted a small prize distribution ceremony to honor the hardwork and dedication of the volunteers and left on a sweet note.

